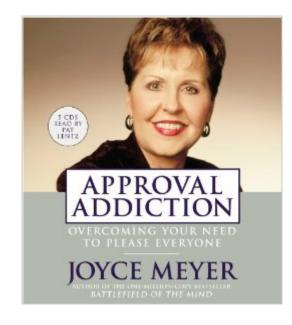
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# Approval Addiction: Overcoming Your Need To Please Everyone





## Synopsis

There is an epidemic of insecurity in society today. Many people suffer from an unhealthy need for affirmation. They are not capable of feeling good about themselves. For some the quest for approval becomes an actual addiction, as they seek self-worth from the outside world because they can't find it within themselves. Joyce Meyer understands the need for seeking approval from others to overcome feelings of rejection and low self-esteem. The good news, she says, is that there is a cure. God provides all the security anyone needs. Her goal is to provide a pathway toward freedom from the approval addiction.

### **Book Information**

Audio CD Publisher: Faith Words; Abridged edition (April 5, 2005) Language: English ISBN-10: 1594830231 ISBN-13: 978-1594830235 Product Dimensions: 5.2 x 0.8 x 5.8 inches Shipping Weight: 5.6 ounces (View shipping rates and policies) Average Customer Review: 4.5 out of 5 stars Â See all reviews (156 customer reviews) Best Sellers Rank: #1,077,900 in Books (See Top 100 in Books) #87 in Books > Books on CD > Religion & Spirituality > Bible #104 in Books > Books on CD > Parenting & Families > Interpersonal Relations #612 in Books > Health, Fitness & Dieting > Mental Health > Codependency

#### **Customer Reviews**

In Approval Addiction Joyce Meyer encourages and implores readers to overcome the need to please. The need to please is something that runs very rampant in our society (minus those who have a need to be selfish). Whether it's at work, at home, at church or relationships with family and friends, the need to be please is a silent killer. Meyer guides and coaches readers to realize how potentialy damaging APPROVAL ADDICTION is, not just for the individual but for those they are trying so hard to please. In addition, Meyer helps readers find and eliminate their root cause of APPROVAL ADDICTION and how to rely on the Lord completely instead of the approval of others. When readers realize that they are 1) fearfully and wonderfully made and 2) that God loves them unconditionally and 3)they are rooted in righteousness, they will wonder why they spent so much time seeking or needing the approval of others when liberty in Christ was on the other

side.APPROVAL ADDITICTION IS LIFE CHANGING, EMPOWERING AND WORTH EVERY PENNY. Whether you are a seeker, a believer (or not) grab a copy today, read it and watch how much happier and freer you are as a result. Perfect for everyone!Happy Reading!Marina Woods The GOOD GIRL Book Club [...]

Can you take criticism? Is there someone you fear to upset? Do you find it more important to be liked than anything else? Do you worry about upsetting the boss? Joyce Meyer says this is all traced to approval addiction. And according to Meyer, the only approval you truly need is that of Jesus Christ. She offers detailed scripture references as well as biblical quotes as evidence. The solid advice here is definitely aimed at Christians or those who are willing to believe. While a bit repetitious at times, the lessons are worth repeating. Those who recognize themselves in her words, and are willing to pray about it, will find great encouragement.

I have read a few of Joyce Meyers books and have loved all of them. My favorite being Help Me! I'm Married. This book I bought for my wife. When she didn't read it, I did. One thing I was not prepared for was God hitting me with a brick to let me know I needed to trust Him with my problem. You see, I was having a lot of anger towards a family member. It was stressing me out, causing loss of sleep, and putting a kink in my relationship with them. I had finally gotten to the point of really disliking this person. I hadn't read this book in months and when I opened it up, I had last left off on Chapter 9. (This chapter was on how we hold onto anger and resentment) As I was reading, God's Spirit convicted me of my sin. I fell to my knees in prayer and wept for God's forgiveness for being disobedient. This book has references to God's word because we are to lean on God's word and not our own understanding. We are to rely solely on Him to help us with our anger, hatred, and stress. Immediately my anger was taken away when I gave it to God. I thank Joyce Meyer for writing a book that has changed a part of my life. It is because God has used her to teach his word and share it with the world. I love this book and I still have a chapter and a half till I finish it. If anyone has any type of approval addiction, which we all do, then this is a wonderful possibly life changing book. I am a Christian and know that anything we have we can go to God. He is there ALWAYS and FOREVER!

....For anyone who thinks "people-pleasing" will do anything for your social-life or personal self-esteem except leave you feeling frustrated and feeling unappreciated...this book is for you.... Great practical Christian teaching on following your own destiny, being the authentic you and trusting God to bring the people to you that are suportive and the rest, well....like Joyce Meyer implies, and the old words of wisdom state "You can't please all the people, all the time."

Joyce Meyer did a great job on writing this bestseller. Approval Addiction is another one of Joyce's masterpieces. I saw a lot of me in this book, and she stepped on all of my toes....(even though I didn't want to hear it). The good thing is that she uses references (via scriptures from the Holy Bible) to explain how approval addiction can be harmful not only to you, but to other relationships. NOW, I understand that I need to change my behavior. Thank you, Lord, for having people like Joyce Meyer for keeping it real.

Joyc Meyer always has a way of making matter of fact out of the mysteries of Heaven and most importantly God's heart. For those who want out of the rut of feeling unworthy, unsuccessful or unaccepted in life, this book will redefine acceptance and love through God's eyes, which is always there no matter what, and help take our eyes off ourselves or our circumstances. We need look no futher for those attributes from people. Once we know we are loved and accepted always by God our true Heavenly father, we no longer need to base who we are off of people's thoughts of us. They make no difference. To live for God alone is all that should matter, not to be so stifled by what other people think about us.

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